

# HAVEN VEGAN MENU

## BEGINNINGS

**HAVEN TWISTS** our homemade breadsticks served with your choice of two dipping sauces: pizza, spicy pizza, BBQ or pesto \$7

**TRADITIONAL BRUSCHETTA** vegan mozzarella, roma tomato, garlic and fresh basil \$10

**PESTO BRUSCHETTA** almond ricotta, pesto, cherry tomato and fresh basil \$10

**ROASTED BRUSSEL SPROUTS** topped with almond ricotta and toasted walnuts \$11

**HAVEN VEGAN "MEATBALLS"** baked in a marinara sauce and topped with fresh basil \$9

## SALAD

ADD VEGAN MEATBALLS TO ANY SALAD \$2 / \$3.5

**HOUSE SALAD** mixed greens tossed with tomatoes, red onion and house-made croutons. choice of Italian or olive oil and balsamic vinegar \$6 / \$11

**VEGAN ANTIPASTO** seasonal mixed greens, green olives, red onion, pepperoncini, artichokes and homemade Italian dressing \$8.5 / \$14.5

## PASTAS

**SPAGHETTI & "MEATBALLS"** eggplant "meatballs" and fresh basil tossed with our marinara sauce and fresh spaghetti \$16

**PESTO RIGATONI** pesto sauce with broccoli, sundried tomatoes and red onions tossed with fresh rigatoni pasta \$16

**ANGEL HAIR POMODORO** angel hair pasta tossed with tomatoes, roasted garlic and fresh basil \$13.5

## THE HAVEN'S CREATIONS

SUB WHEAT CRUST \$2.75 | GLUTEN-FREE \$4

**MARGHERITA** pizza sauce, vegan mozzarella, almond ricotta, sliced tomatoes and fresh basil \$12 / \$17

**"NEW" NEW YORK PIZZA** spicy pizza sauce, vegan mozzarella, vegan "meatballs", bell peppers, onion mix and mushrooms \$14 / \$18

**THE CORTEZ** olive oil, vegan mozzarella, diced tomatoes, mushrooms, topped with arugula and sliced avocado \$13.5 / \$18.5

**THE OPA** pesto, vegan mozzarella, artichokes, sundried tomatoes and red onions \$14 / \$19

**WILD MUSHROOM** olive oil, vegan mozzarella, crimini and portobello mushrooms, onion mix, spinach and truffle oil \$14 / \$19

**TREE HUGGER** pesto, vegan mozzarella, almond ricotta, seasonal onion mix, broccoli and spinach \$15 / \$21

**VEGAN SPUD** olive oil, vegan mozzarella, almond ricotta, roasted potatoes, seasonal onion mix and broccoli \$13 / \$19

the  
haven

THE HAVEN IS A COMMUNITY-MINDED RESTAURANT  
THAT UTILIZES LOCAL INGREDIENTS WHENEVER POSSIBLE